

**May  
1980**

# New York



MAY 1980

# Cycle Club Inc.

## PRESIDENT & INFO

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## TREASURER

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(212) 672-9555

## SECRETARY

Chris Mailing  
324 E, 82nd St. (3C)  
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## MEMBERSHIP CHRMN

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Astoria, NY 11102  
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## EDITOR

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20-44, 23rd St.  
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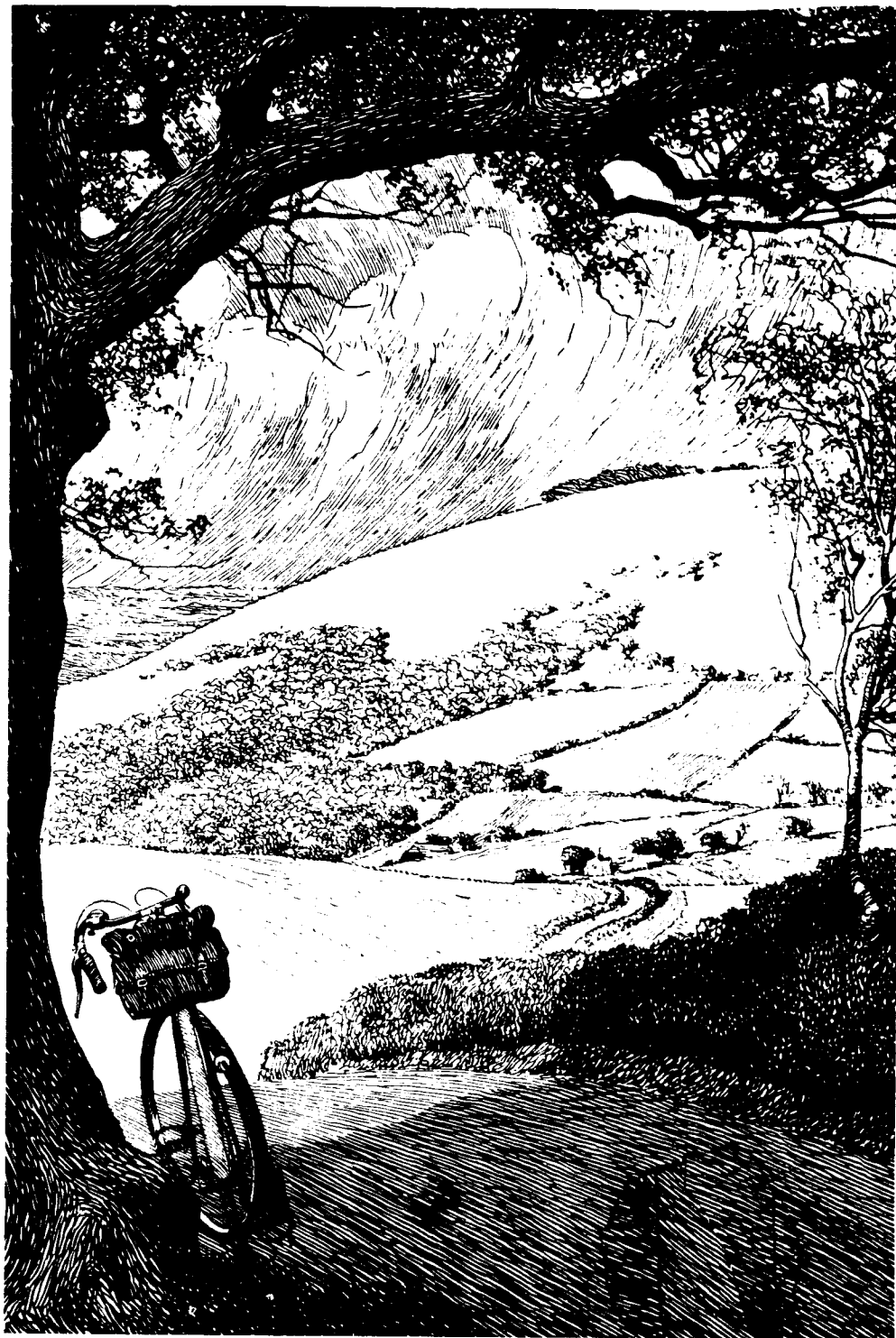
## CIRCULATION MGR

Diana Bingham  
30, 5th Ave. (7G)  
New York, NY 10011  
(212) 260-2433

## MEMBERS AT LARGE

(Ride Co-ordinators)  
Lorraine Gewirtz  
C) Martha Ramos  
A) Bill Yao

Monthly Program Information on page 12 & 9



R I D E S   R I D E S   R I D E S   R I D E S   R I D E S   R I D E S

Please contact the Ride Co-ordinators at least one month in advance to publicize your rides.

"A": Bill Yao (749-1978)   "B": David Miller (794-9365)   "C&D": Martha Ramos(858-9142)

CLASS A: ANIMALS: Anything goes. Eat up the roads, hills and all. 15mph±1½  
 " B: TOURISTS: Like to keep moving along scenic roads. Rest hourly or so. 12mph±1½  
 " C: SIGHTSEERS: Destination oriented; historical, nature. Frequent stops. 9mph±1½  
 " D: BEGINNERS: Discovering the bike, the gears, sightseeing, training up. 8mph or less

SATUR. SHEEPSHEAD BAY/MANHATTAN BEACH C 19 or 31 flat miles. Ldr: Martha Ramos  
 May 3 Meet 9 AM on the Manhattan side of the Brooklyn Br. for 31 miles, or 10 AM at the  
 69 St Pier (Shore Rd. in Brooklyn) for 19 miles. Have fish for lunch, or buy it  
 for dinner. Cancelled if over 70% chance of rain. Info: 858-9142 Joint AMC

DELAWARE WATER GAP - OLD MINE ROAD B 40 to 70 miles Ldr: Frank Sanchez  
 Meet 9:30 AM at the Del. Water Gap Recreation Area Info Center, off Interstate  
 I-80, before the Del. Water Gap toll bridge. Exit to Flatbrook Rd. (we think),  
 bear left under the bridge to Info Center. Allow 2 hours from G.W. Bridge.  
 This is a beautiful area with few cars, but with some hills. Food available  
 24 miles out, at Layton, NJ. If you want to tailor your own ride distance, be  
 sure to bring lunch and drink. NOTE: You can make a weekend of it by staying  
 over in the area and joining the Allamuchy ride on Sun. Details below. NYCC

SUNDAY ALLAMUCHY IN THE SPRINGTIME B & C 65 & 40 miles Ldr: Harry Ruten(201-327-7197)  
 May 4 Meet 9:15 AM in the Allamuchy School parking lot. Take I-80 to the Hackettstown,  
 Allamuchy, Rte 517 exit. Cross 517, downhill into Allamuchy, turn left at the  
 General Store, ¼mi. to school parking lot. Allow 1½ hrs driving time from G.W.Br.  
 The 65 miler runs on ridges and in valleys; the 40 miler is a valley delight. Maps.  
 Trip cancelled if 50% chance of rain on CBS at 7 AM. (Actually, Harry is planning  
 to be out there for the weekend, so CBS better not foul things up!) Joint BTCNJ

SAT A WEEKEND "OUT WEST" WITH ROUGH RIDERS FRANK AND HARRY  
 & We have combined the above two rides to make a weekend. We will be joined by  
 SUNDAY riders from BTCNJ. We'll stay at the Bushkill hostel, about 12 mi. north of the  
 Gap, using our club's AYH Organization Pass. It may still be possible to get in  
 May 3 on this, but transportation is no longer available. Check with Irv: 650-8075(days)  
 & 102-7298(eves). Two motels are available; reservations required: Howard Johnson,  
 May 4 just across the Water Gap, in PA (800-654-2000), or Panther Valley Motor Inn, 25  
 mi. east of the Gap along I-80 and just south of Allamuchy (201-852-6000).  
 Frank will be staying at Howard Johnson's.

May 4 AYH FIVE BORO BIKE TOUR (Call AYH for last minute reservations: 431-7100)

SADDLE RIVER METRIC DOUBLE CENTURY A 120 miles Ldr: Bill Yao (749-1978)  
 Meet 8 AM at Central Pk Boathouse. This ride runs along north-south roads in  
 North Bergen and Rockland counties, thus hill-climbing is kept to a minimum.

WEEKEND TOSRV: An annual running of the lemmings in the face of rain, winds, and other  
 May 10 natural disasters. They make for great conversation among the survivors. Call AYH.

ORIENT POINT DOUBLE CENTURY (See May 17 listings - ERROR, ERROR, ERROR!)

SUNDAY WESTCHESTER PHANTOM C 25 to 35 miles Ldr: David Veder

May 11 Meet 9:30 AM at Fordham Rd. & Grand Concourse in the Bronx. We'll get onto scenic roads and away from city traffic as soon as possible. We'll also avoid hills when we can. Ride length will depend on the group. Bring/ buy lunch. Joint AYH

MOTHERS DAY TOUR OF NORTH JERSEY B- 50 to 65 miles Ldr: David Miller

Meet 8:45 AM at Fifth Ave. & 72 St., or 10 AM on the NJ side of the G.W. Bridge. If you felt that the 5 Boro Bike Tour was too short with too many stops, come along to ride most, or all (depending on how we feel), of the club's 50 mile route. Altho the ride is relatively flat, there are some hills. (You don't really want a totally flat and boring ride, do you?) Irv's recommended low gearing, in the very low 30s, are very helpful here. But you can always walk up the worst hills as you slowly gain understanding about the desirability of low gears. Return via the gentler "southeast passage". Bring/buy lunch. Questions? 794-9365 after 7PM.

NORTH SHORE L.I. TO COLD SPRING HARBOR B 55 miles Ldr: Leo Hirsch

Meet 9 AM at Little Neck Pkwy Shopping Plaza near Little Neck exit from L.I.E. (accessible to those without cars). Bring/buy lunch. Joint AMC

SATUR. STATEN ISLAND FROM TIP TO TOE C 26 miles Ldr: Tony Morano (278-7057)

May 17 Meet 9:15 AM at South Ferry to catch the 9:30 AM ferry. Easy ride to the Conference House at the southern point of the island. Bring inner tube, lock, 25¢ fare, and lunch (or buy). Call Tony Fri. nite, bet. 7:30 & 10 PM to confirm.

SATURDAY MORNING QUICKIE A 50 miles Ldr: Chris Mailing (879-6199)

Meet at the NJ end of the G.W. Bridge at 7:45 AM for an 8:00 AM sharp start. We will attempt to cover Irv's route thru Bergen and Rockland counties in 3 hours. This is a fast paced ride, so be prepared. NYCC

SATUR ORIENT POINT DOUBLE CENTURY AA 200 miles Ldr: Jim Rex (278-5562)

May 10 NOTE: There is some confusion in my mind as to the exact starting time and date of this ride, so do check with Jim for the final word. Tune yourself up for a great effort at the Pepsi Marathon! Start 2 AM at 59 St & Fifth Ave. You must have a front light and rear reflector for this ride. Participants should be prepared to finish 200 miles in 16 hours. LAW pitch ride. Due to early hour, bring food for the first 6 hours; after that we eat off the land. NYCC

SUNDAY ANNUAL MONTAUK CENTURY (Check with AYH for details: 431-7100)

May 18

LONG ISLAND NORTH SHORE B 42 miles Ldr: George Borgida (376-4587)

A repeat of this traditional ride in lovely riding areas. There are some hills, but no worse than NJ. Meet I.U. Willets school parking lot at 9:30 AM. Check with George for driving instructions and lunch arrangements. NYCC

BIKEWAYS, BYWAYS, AND HISTORICAL HOMES C 25 mi. Ldrs: Sherman Cohen & Lor. Gewirtz

Meet 9 AM, 72 St. & Fifth Ave. Eastside, westside, all around our town. Traverse the shores, visit 18th Century Dyckman House and Morris Jumel Mansion (50¢), do an inside "George Willig". Bring lock, tube, lunch, \$ for WTC Observation Tower. If weather uncertain, confirm night before: 332-1990. Joint AMC

WEEKEND L.A.W. CENTENNIAL (Probably too late now.)

May 23-6

SATUR PEPSI MARATHON IN CENTRAL PARK

May 24 Some of our members have been preparing themselves for this event for the past 2 months. Go see the action; help Ken Abramson take care of the team. Ken: 672-9555

SUNDAY RIIS PARK - FORT TILDEN C 15 or 30 flat miles Ldr: Martha Rames (858-9142)

May 25 Meet 9 AM on Manhattan side of Brooklyn Br. for 30 miles, or 10 AM at J.P. Jones Park, by cannonballs (101 St. & 4th Ave., Brooklyn) for 15 miles. Cancelled if over 70% chance of rain. Bring/buy lunch. Joint AMC

SATUR RAMAPO MOUNTAIN ROUGH RIDER CENTURY A+ 110 miles Ldr: John Lubaszka (523-2198)

May 31 Meet 6:30 AM at 59 St. & Fifth Ave. A tough, yet picturesque ride over rugged Ramapo Mtn. territory whose several lengthy hills will be encountered. The ride offers good views of the Wanaque Reservoir and Greenwood Lake regions. Joint AYH

A FEW WORDS (less than a page, you'll note) FROM VP - RIDES

I hope you noticed the Ride Classifications which head the Rides Schedule. Note that speed, rather than distance is the classification criterion. A Class "C" rider can be wiped out in 15 minutes by trying to maintain a 15 mph pace; yet the distance is only 4 miles! Of course mileage is important, too, but primarily on the build-up of fatigue which takes much longer than does a wipe out due to excessive speed.

Another reason for early wipe outs and for legs "turning to rubber" is pushing gears which are too high (when did you hear that last?), especially when climbing hills. Lower your gears and don't push so hard. (You'll also spare your knees from damage.) A significant improvement which can be made on European built bikes with steel cranks (3 arm variety) is to replace the usual 52 & 40 teeth chainrings with 48 & 36 teeth rings. These will work well with the standard cluster of 14, 17, 20, 24, 28 teeth, and will result in a low gear of  $34\frac{1}{2}$ ". They will give even better results with a modified cluster: 14, 17, 20, 25, 32 teeth, to yield a low gear of  $30\frac{1}{2}$ ". That's a good low which will give you confidence to go anywhere, and yet will give you all the high gears you need in our rolling countryside.

Some of you are already aware that I plan to move from my present apartment, in which I have lived for the past 20 years, because the rate at which I am being mugged - 3 times in 2 months - is excessive. And, I also confess, I have a sense of acute discomfort when a gun is poked in my face during these financial transactions.

Obviously, digging myself out of my 20 year accumulations of junk - books, bikes, magazines, bike parts, etc. - is keeping me busy. Happily, David Miller has agreed to be the Co-ordinator of B rides and to type the Rides Schedule. I certainly appreciate his spirit of cooperation, and want to thank him publicly for his help to me and to the club.

I also want to apologize to Jim Rex, who has been very patient, altho increasingly nervous, when the May Rides Schedule was delayed. Jim, who works so conscientiously for the club for so long, is not the cause of any delay in the May Bulletin. He has been most understanding and cooperative.

4

I plan to move in stages to northern NJ where I've been leading rides for the past several years. And after I get myself somewhat straightened out, I hope to be back in the saddle leading charges, at low speed and from the rear, of course, upon hill after hill, with the aid of my low gears. I expect to see you on the rides with your low gears, enjoying carfree scenery in a carefree style. Meanwhile, have fun.

RIDE PREVIEW BY JIM REX (ON REQUEST)				C	B	A	FROM:
JUN	1	HI-THOR STATE PARK				80	NYC
"	8	CLUB RIDES		!	50	100	NYC
"	8	PRINCETON CENTURY (TENTATIVE)				100	NYC
"	14	STRAWBERRY FESTIVAL		!	!	!	" - MATTITUCK LI
"	14	BOSTON TWIN CENTURY / 2 DAYS				225	QNS
"	22	NEW HOPE DOUBLE METRIC CENTURY				120	NEWARK, PATH
"	28	BEAUTIFUL BRONX		25			NYC
"	29	ALBANY				150	NYC
JUL	4	GEAR WEEKEND		!	!	!	GENESEE, NY
"	13	SADDLE RIVER DOUBLE METRIC CENTURY				125	NYC
"	19	HARBOR HILL 100				100	QNS
"	20	DANBURY CENTURY				115	BRNX
"	26	TWIN CENTURY				200	?
"	27	PRINCETON CENTURY (LIBC)			50	100	N.J.
"	6	MAINE VACATION TRIP				!	BRNX ?
AUG	3	BREWSTER CENTURY				110	BRNX
"	9	SUNKEN MEADOW			75		L.I.
"	10	HECKSTER STATE PARK				100	QNS
"	10	"N"				!	N.J.
"	16	RIVERHEAD, POLISH FESTIVAL		!	!	!	L.I.-TRAIN
"	23	L.I. SWIMMING POOL RIDE				110	QNS
"	30	MONTREAL / 2-3 DAYS				400	NYC
"	30	LAKE TENANAH WEEKEND		!	!	!	CATSKILL, N.Y.
SEP	7	CLUB RIDES		!	!	!	NYC
"	7	CONNECTICUT CONNECTION				!	NYC
"	14	COLD SPRING BREAKFAST RIDE				110	NYC
"	21	HI-POINT 100		?	50	125	QNS
"	27	LONG ISLAND DOUBLE CENTURY				200	L.I.
OCT	4	RIDGEFIELD CENTURY				110	NYC
"	4	SCOR WEEKEND		!	!	!	CATSKILL, N.Y.
"	11	11TH CAPITOL RUN				250	NYC - TRAIN
"	12	CLUB RIDES		!	!	!	NYC
"	19	SEVEN LAKE DRIVE				!	NYC
NOV	2	SADDLE RIVER DOUBLE METRIC CENTURY				120	NYC

PLAN YOUR RIDES EARLY: TWO MONTHS IN ADVANCE IF POSSIBLE.....

"A" RIDE RESULTS (BY JIM REX)				TRIP MILES	RIDERS	CLUB'S MILEAGE
MAR	2	TRAINING RIDE # 1		(40)	CANCELLED	0
"	9	" " 2		50	24	1,150
"	15	" " 3		40	4	150
"	16	" " 4		65	13	804
"	22	" " 5		(65)	RAINED OUT	0
"	23	" " 6		75	15	1,090
"	29	" " 7		(65)	RAINED OUT	0
"	30	" " 8		90	8	700
APR	5	" " 9		65	10	500
"	6	" " 10		110	16	1,420
"	12	" " 11		65	8	520
"	13	RAMAPO RIVER LOOP		65	5	325

APART FROM THE USUAL STATISTIC AND A FEW FLAT TIRES, CHRIS MAILING PUT ENOUGH METAL FATIGUE ON HIS REAR SPOKES TO START BREAKING THEM. JIM REX PLAYED CORN HUSKER WITH AN ULTRA 7 CLUSTER (12-19) BRAKING OFF FIVE COGS CLIMBING THE KITCHAWAN HILLS. JIM ROZAR HAD THE HONOR OF A FORK DROP OUT FAILURE. IN OTHER WORDS, THINGS SHAPING UP JUST ABOUT NORMAL FOR THE COMING SEASON. OH YES, BILL YAS DOESN'T WEAR ELASTIC BANDAGES ANYMORE. HE TRADED THEM IN FOR A BELL HELMET.

(CONTINUED)

"B" & "C" RIDE RESULTS (BY JIM REX)					TRIP MILES	RIDERS	CLUB'S MILEAGE
MAR	2	CENTRAL PARK TRAINING RIDES			?	CANCELLED	0
"	9	"	"	"	6	3	18
"	16	"	"	"	?	CANCELLED	0
"	23	"	"	"	?	CANCELLED	0
"	30	"	"	"	18	4	72
"	ALL	PROSPECT	"	"	?	CANCELLED	0
"	16	FLUSHING MEADOW	"	"	11	3	24
"	"	"	"	"	REMAINDER	CANCELLED	0
"	23	DAY AT THE RACES			30	6	180
"	30	L.I. NORTH SHORE			34	5	170
APR	6	"	"	" (REPEAT)	42	3	126
"	6	NORTH HUDSON PARK			25	7	175
"	13	"	"	DRIVE	50	11	750
"	13	SPRING SAFARI			25	8	200

MEMBERSHIP UPDATE as of 5 April 1980: 61 paid up with renewals

1980-007	Harvey	Kopel	New Member
" 008	Barbara	Fuches	" "
" 009	Barbara	Silverstein	" "
" 010	Martin A.	Karren	" "
" 011	Iona	Ohmen	" "

RENEWAL FORM ON PAGE 11, Use it ! Your subscription expired.....



# Marathon

## Central Park

### 72<sup>ND</sup> Street, off 5<sup>TH</sup> Avenue,

### May 24, at 12 noon to May 25, a twenty-four hour event

#### TEAM RIDERS contact

Kenneth Abramson  
37-32, 75th Street  
Jackson Heights, NY 11372  
Phone: h. 672-9555  
b. 757-7722

Send in your \$15 share for food and expenses. You will have no time for shopping as you attempt to ride 300 miles.

To join our TEAM you must be a member in good standing of NYCC or AYH.

Robert K. Herzfelder  
Cornwall E - 1096  
Boca Raton, Florida, 33434

January 25, 1980

Greetings to you all,

Janet and I just completed reading the January-February NYCC bulletin which we thoroughly enjoyed. We were particularly thrilled when we read that the officers and board of directors have honored me by granting me life membership in the club. Thank you all ever so much for this honor.

We also want to extend to the new officers and board members our hearty congratulations, and wish you a year of success and good luck.

We hear through the "grape-vine" that a number of NYCC members are planning to be in Homestead in early March for the Wheelmen's Winter Rendezvous. Believe me when I say that you are in for a wonderful time. I have had the pleasure of attending this event in 1986, and every year since 1975. I can think of no better way to spend a winter vacation. Not only are the rides enjoyable, but the Paul Dudley White club are the most gracious hosts and hostesses, and really go all out to see that their guests have a good time. Janet and I will be staying at the Caribe Motel, and we will be looking forward to seeing those "snowflakes" from the "frozen north" who are coming down.

Now that we have completed getting our condo in order except for the patio we are finding more and more time for activities and making friends. I manage to get out on my bicycle on the average of five days out of the week, and knock off a fast fifteen to twenty miles a trip. While the terrain here is flat, the roads for the most part are narrow with no shoulders and plenty of traffic. In order to go downtown I usually detour two to three miles out of the way to pick on wider roads or roads with little or no traffic. These detours are most rewarding as they are quite scenic. When I get closer to the town itself I can ride on the sidewalks which also serve as bicycle paths. These are nicely paved and relatively smooth.

So far I have had no riding companions as most of the people here limit their riding to the paths around Century Village which extend only about three miles. Once the building around here has been completed there should be about nine miles of paths. At that time one of my friends and I plan to start a club for the residents here; and hopefully we may find some hearty souls who are willing to put in some distance.

This same friend is also a musician; and we are in the process of trying to start a small band, and get some other musical activity started here. They have plenty of entertainment here including dances; and we hope to capitalize on this at the right time.

The weather has been beautiful, sunny and comfortable. I have managed to go swimming either in the pool or the ocean about a dozen times when the weather has not been too cool.

To sum it all up -- we are having a ball.

Good luck to you all, and happy cycling.

Regards,

*Robert K. Herzfelder*



## GREETINGS FROM FLORIDA

Another Wheelman's Winter Rendezvous has ended, and all two-hundred-seventy bikers who attended have returned to their homes. It was nice seeing a group from the New York Cycle Club there. They were Lorraine Gewirtz, Margaret Barone, Myrna Meyer and her son, Bruce, George Borgida, and Herb Schaefer.

The rendezvous started Sunday with a poker ride. This is a short warm-up ride of about 12 miles. At the start each biker is given a card. There are three stops along the route at which a card is given out at each. Upon returning to the starting point a fifth card is given out. Those with the best hands are given prizes. I had three jacks, and was the winner of two complimentary dinners at Chicken Unlimited. The weather for this ride was very chilly; and it was indeed strange to see so many warm-up suits and other heavy clothing.

On Monday, March 3rd we awoke to another very cold day with temperatures in the 40's. This was the day of the annual picnic to Bayfront Park which is 22 miles a round trip. Since the wind was coming out of the west we had a tail wind going out to the park. This also made it more comfortable for us at the picnic grounds than if the wind had been off the ocean. Janet was the lucky recipient of a door prize here having won a large beach towel with Schwinn engraved on it. That night we had square dancing at the headquarters.

Tuesday was the start of a warming trend; and by the time we arrived at Alabama Jack's, a fishermen's camp which serves the most delectable sea food in the area, we were able to shed the heavier clothing. Since it was too early to eat, Lorraine, Maggie, George, and I put in some extra miles crossing Card Sound onto Ocean Reef. We put in about 45 miles that day.

On Wednesday two rides were scheduled. One group rode to Chakika State Park where there is a hammock with a lake which is fed by a sulphur spring. I have made this ride several times in the past; but this year the entire "New York contingent" went on the second ride which was a car-topper to Key Biscayne. This is a short ride of about 18 miles much of it on the most beautiful bicycle paths to be found. While the paths are narrow they wind through woods and tropical vegetation. We ate picnic lunches at William Boggs State Park. It was good seeing Herb Schaefer back on a bike again after all he had been through.

Thursday was Century day, and the scheduled rides in addition to the 100 miler, were a metric century and a quarter century. At my suggestion the NYCC bunch did the quater century but left the main road to explore the Evergaldes taking in the Anhinga Trail which consists of boardwalks over the canals and swamps where one can see all kinds of wild life such as birds, fish, and of course alligators. This side trip is well worth forgoing the time limit and patches as the scheduled rides are most boring. It is only on such side trips that one can see what it is that makes the Everglades famous.

Another highlight of the rendezvous was the annual banquet which was held in the officers club at the airforce base. Again Janet won a prize, a tool kit for her bicycle. Incidentally, Janet is now the proud owner of a single speed Columbia bicycle with a coaster brake; and she has started riding around our complex here in Boca Raton.

The rendezvous ended with the completion of the Thursday rides; however many of the bikers stayed on for a post-rendezvous ride to Matheson Hammock and Wainright Park in Cocanut Grove. The NYCC people with the exception of Herb

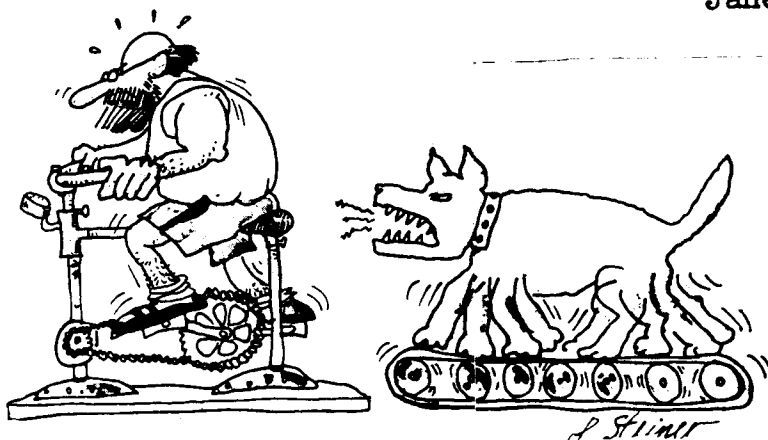
left Homestead on Friday. I went on the ride which covered 63 miles most of it being on the Old Cutler Road Bike Path. This was one of the most enjoyable of the entire rendezvous. About 70 people were on it. On the return we stopped at Knaus's Strawberry Farm where we treated ourselves to the most delicious milkshakes on this side of heaven. We met Lorraine and Maggie who had just left Homestead on their way to Miami.

Janet, Herb, and I returned to our home in Boca on Saturday.

Every year we return from the rendezvous full of enthusiasm not only as a result of the rides, but because of the most gracious way we are treated by our hosts, the Paul Dudley White Bicycle Club. They are the most wonderful considerate people one could ever want to meet. Perhaps next year an even larger group of NYCC people will come down. If you can swing it you will be in for the time of your lives. I am sure that those who came down for this past one will back me up.

If we get up to New York in August as we expect to we will make every effort to see you all at a club meeting. In the meantime as I used to say in my column as VP - Keep those wheels spinning.

Janet and Bob Herzfelder



Ken Abramson winter conditioning method.

OUR MONTHLY PROGRAM for MAY 20, Tuesday 6:30 P.M.

Hostel Style Touring for Weekenders

with Slides of past Seasons through Millersville, PA

by Bill Yao and Irv Weisman

Come and bring a friend to our new meeting place

A R T E M I S     R e s t a u r a n t  
76 Duane Street (Bdwy)

# CYCLING SHORTS

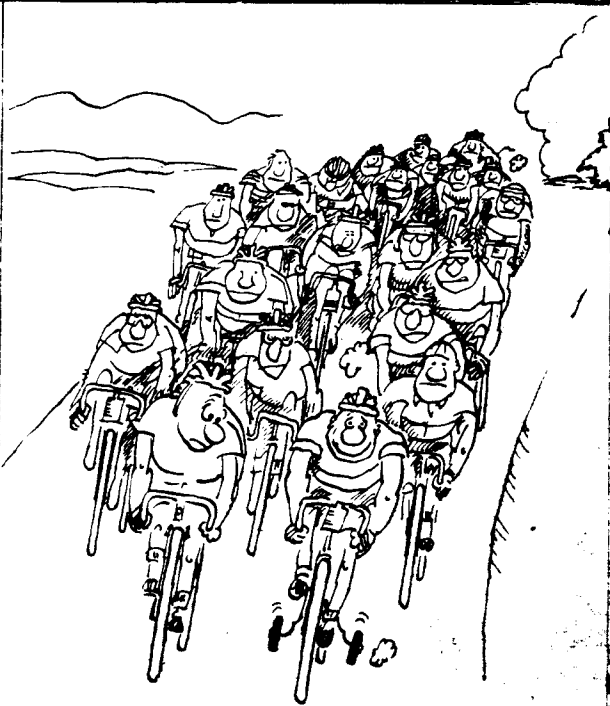
Jim Rex went out to polish his rusty "Iron Legs" recently on some training rides. It's well known that under stress of hard riding, it happens that a rider experience at the verge of total collapse some form of delusion just before it would happen. He came close to it on the infamous Clinton Road climb in New Jersey after being dropped by everyone else in sight.

He was already under the impression that such torturous task is the equivalent of a bike pilgrimage to the top, site of an orthodox church dedicated to St John the theologian. The Church is duly adorned with colorful mosaic Icons in style with it's calling.

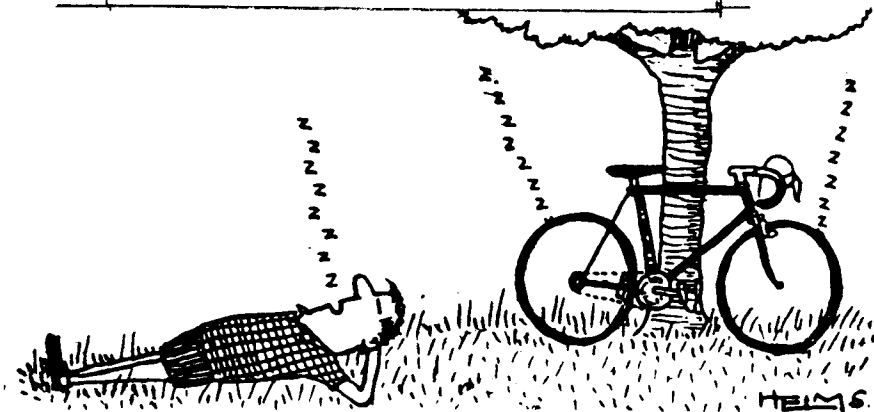
By the time he reached top in 4 minutes and 28 seconds, he was of the opinion that not only had "Upright" Irv invented this climb to make him pay penance for all the sins of 13-17 clusters; but by year 2000 even the church will be renamed after St Irving (low gear saviour), and the Icon will be replaced with his image crowned in the glory of a 39 teeth front chain-wheel halo, with a 34 rear cluster in one hand and an upright handlebar in the other.

There seems to be no escape for people who go riding instead of church.

The only thing worst than that is trying to share the road with 30,000 other cyclist in a transit strike.



180x120  
(6 1/2 inch)



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MARCH 13, 1980 BOARD OF DIRECTORS MEETING  
SUMMARY OF MINUTES (UNAPPROVED)

- 1.) The Club will sponsor a table at the tenth anniversary celebration of Earth Day, Tuesday, April 22, on Fifth Ave. Membership information and Club Bulletins will be handed out as a means to generate some publicity. A committee was formed to coordinate the Club's participation, consisting of Martha Ramos, Diana Bingham, Tony Morano, and any volunteers from the membership.
- 2.) The Board will investigate the suitability of a restaurant proposed by Martha Ramos for General Membership Meetings, Artemis, a Greek restaurant located at Duane and Broadway.
- 3.) Ed Flowers announced his plans for future Meeting programs: in April, Bill Hoffman will speak on touring, Irv Weisman and Bill Yao will show some of their slides in May, and there will be a presentation on cycle camping in June.
- 4.) A disclaimer will appear on future membership blanks and at the top of ride attendance sheets stating that participants recognize that cycling can be dangerous and assume responsibility for their own safety.
- 5.) Irv Weisman presented a new means of classifying Club rides, based on the pace, rather than the distance: C: 8-10 mph, B: 10-14 mph, A: 14-16 mph, and A+: over 16 mph. He suggests that ride descriptions should include a description of the terrain, as well as the distance.
- 6.) Ken Abramson is working on a definition of Club policy for the funding of group events, and the mechanics of collection and disbursement of funds when required.
- 7.) The next Board of Directors Meeting will be held on Thursday, April 10.

Complete copies of approved minutes are available from Chris Mailing. Phone (212) 879-6199

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB, INC.

NAME(S) \_\_\_\_\_ PHONE: H. \_\_\_\_\_  
B. \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WHERE DID YOU HEAR ABOUT NYCC? \_\_\_\_\_

\_\_\_ \$9.00 INDIVIDUAL DATE \_\_\_\_\_

\_\_\_ \$12.00 COUPLE (bulletin mailed to one address) RENEWAL \_\_\_\_\_

\_\_\_ \$4.50/\$6.00 HALF YEAR (if joining after Labor Day) NEW \_\_\_\_\_

Make your check payable to: NEW YORK CYCLE CLUB, INC.

Mail it to Treasurer: KENNETH ABRAMSON 37-32 75 ST. JACKSON HTS. N.Y. 11372

## NYCC IS MOVING

Spring is here and we're moving! Where? To Artemis Restaurant off Broadway at 76 Duane Street opposite the southern section of the Federal Plaza, in the historic, business and political hub of the Big Apple where all roads, biking, hiking, auto, bus and subway converge.

Artemis features Greek fare with a Mid-eastern touch. We can select from shish kebab (\$3.40), broiled lemon sole (\$4.95), and for the more adventurous, an extraordinary stuffed tomato chock-full of herbs and other delicacies. Other delights include dolmadakia (stuffed grape leaves), souvlakia and Greek pouri. The home-made piece de resistance is mouth-watering baklava (\$1.10) and home-made yogurt (\$.85).

Artemis is conveniently located to many subways (IRT--Brooklyn Bridge, 7th Avenue--Park Place, BMT--City Hall, BMT--Chambers St., IND--Chambers St.) It is also close to the South Ferry for our Staten Islanders. Inside parking is available for bikes.

Let's celebrate May, the month of the 5-Boro Bike Tour, Pepsi Marathon and L.A.W. Centennial at our new eating and meeting place.

NEW YORK CYCLE CLUB  
c/o Diana Bingham  
30, 5th Ave., Apt. 7-G  
New York, NY 10011

**FIRST CLASS**

Chris Mailing  
324 E. 82nd St. #3C  
New York, NY 10028

